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| Week 1 Monday 30 Tuesday 1 Wednesday 2 Thursday 3 Friday 4 | | | | | |
| Breakfast | Bagels with Cream Cheese & Strawberries | French Toast Sticks, Fruit Cocktail | Life Cereal, Bananas | Hashbrowns, Chicken Sausages Patties, Applesauce | Pumpkin Muffins, Blueberries, Bacon |
| Lunch | Cheese Tortellini Pizza Soup, Corn, Fruit Cocktail | Chicken Patties on a Whole Wheat Bun, Sweet Potatoes, Pineapple | Whole Wheat Spaghetti with Meat Sauce, Salad with Ranch, Peaches | Chicken & Waffles, Green Beans, Peaches | Chicken Corn Dogs, Peas & Corn, Fruit Cocktail |
| *Vegetarian* | *N/A* | *Meatless Chik'n Patties On Bun* | *Spaghetti with Marinara Sauce* | *Chik’n & Waffles* | *Veggie Corn Dogs* |
| Snack | Ritz Crackers & String Cheese | Chex Mix, Juice | Juice, Rice Crisp | Cheese-Its, Juice | Goldfish Crackers, Fruit Yogurt |
| Tod Late Snack | Goldfish Crackers, Juice | Yogurt & Water | Veggie Straws, Juice | Applesauce, Water | Bananas |
| Week 2 Monday 7 Tuesday 8 Wednesday 9 Thursday 10 Friday 11 | | | | | |
| Breakfast | Oatmeal, Peaches | Pancakes with Syrup, Blueberries | Kix Cereal, Bananas | Sausage Biscuits, Mandarin Oranges | Grits, Turkey Sausage Links, Peaches |
| Lunch | Chicken & Dumplings, Green Beans, Cantaloupe | Fish Sticks, Macaroni & Cheese, Green Peas, Fruit Cocktail | Chicken Alfredo with Whole Wheat Ziti, Salad with Ranch, Applesauce | Arroz Con Pollo (Mexican Cheese & Chicken), Rice, Broccoli, Tropical Fruit | Turkey Hot Dog on a Whole Wheat Bun, Baked Beans, Pears |
| *Vegetarian* | *Tofu With Noodles* | *Meatless Boneless Wings* | *Alfredo Ziti* | *Tofu & Rice* | *Veggie Hot Dog on a Bun* |
| Snack | Oranges Club Crackers, Juice | Turkey & Cheese Slices, Whole Wheat Crackers | Apples & String Cheese | Cheez-Its, Juice | Wheat Thins & Grapes |
| Tod Late Snack | Ritz Crackers, Juice | Cereal Bar, Juice | Veggie Straws & Juice | Fresh Seasonal Fuit, Water | Applesauce , Milk |
| Week 3 Monday 14 Tuesday 15 Wednesday 16 Thursday 17 Friday 18 | | | | | | |
| Breakfast | | Raisin Toast, Cream Cheese, Mandarin Oranges | French Toast Sticks, Pears | Cheerios Cereal, Bananas | Oatmeal with Brown Sugar, Apple Slices | Gingerbread, Mandarin Oranges, Bacon Strips |
| Lunch | | Chicken Noodle Soup, Whole Wheat, Corn, Cinnamon Apples | Turkey Tacos with Cheese, Black Beans, Pineapple | Chicken & Rice, Green Beans, Peaches | Meatballs with Gravy, Mashed Potatoes, Roll, Pears | Whole Wheat Turkey Pepperoni & Cheese Pizza, Corn, Tropical Fruit |
| *Vegetarian* | | *Noodle Soup* | *Yogurt Cup* | *Tofu & Rice* | *Turkey Meatballs* | *N/A* |
| Snack | | Chicken In A Biskit Crackers, Yogurt | Chex Mix, Juice | Rice Cakes, Juice | Cheese Squares, Crackers, Juice | Graham Crackers, Bananas |
| Tod Late Snack | | Ritz Crackers, Water | Goldfish Crackers, Juice | Fresh Seasonal Fruit, Milk | Fresh Seasonal Fruit, Milk | Cereal, Bananas |
| Week 4 Monday 21 Tuesday 22 Wednesday 23 Thursday 24 Friday 25 | | | | | | | |
| Breakfast | | | Eggs, Whole Wheat Toast, Cantaloupe | Waffles with Syrup, Blueberries | Chex Cereal, Bananas | Cinnamon Toast, Pears | Cream Of Wheat, Cantaloupe |
| Lunch | | | Tomato Soup, Whole Wheat Cheese Dunkers, Salad With Ranch, Fruit Cocktail | Beefaroni, Green Beans, Pears | Whole Wheat Cheese Quesadilla, Black Beans, Corn, Pineapple | Chicken Nuggets, Peas, Yellow Rice, Peaches | Hamburger on Whole Wheat Bun, Veggie Baked Beans, Applesauce |
| *Vegetarian* | | | *N/A* | *Meatless Roni* | *N/A* | *Meatless Nuggets* | *Veggie Burger on Whole Wheat Bun* |
| Snack | | | Wheat Thins, Juice | Trail Mix, Juice | Turkey Pepperoni, Cheese Cubes | Tortilla Chips, Salsa | Apples & Yogurt |
| Tod Late Snack | | | Goldfish Crackers, Juice | Cereal Bars, Water | Fresh Seasonal Fruit, Milk | Yogurt, Water | Veggie Straws |
| Week 5 Monday 28 Tuesday 29 Wednesday 30 Thursday 31 Friday 1 | | | | | | | | |
| Breakfast | | | | Bagels with Cream Cheese & Strawberries | French Toast Sticks, Fruit Cocktail | Life Cereal, Bananas | Hashbrowns, Chicken Sausages Patties, Applesauce | Pumpkin Muffins, Blueberries, Bacon |
| Lunch | | | | Cheese Tortellini Pizza Soup, Corn, Fruit Cocktail | Chicken Patties on a Whole Wheat Bun, Sweet Potatoes, Pineapple | Whole Wheat Spaghetti with Meat Sauce, Salad with Ranch, Peaches | Chicken & Waffles, Green Beans, Peaches | Chicken Corn Dogs, Peas & Corn, Fruit Cocktail |
| *Vegetarian* | | | | *N/A* | *Meatless Chik'n Patties On Bun* | *Spaghetti with Marinara Sauce* | *Chik’n & Waffles* | *Veggie Corn Dogs* |
| Snack | | | | Ritz Crackers & String Cheese | Chex Mix, Juice | Juice, Rice Crisp | Cheese-Its, Juice | Goldfish Crackers, Fruit Yogurt |
| Tod Late Snack | | | | Goldfish Crackers, Juice | Yogurt & Water | Veggie Straws, Juice | Applesauce, Water | Bananas |

*Note: Milk is served with all Breakfast & Lunch. We use 8th Continent or Silk Soy Milk as a milk substitution. Water and occasionally 100% Juice is served with. all snacks.* ***This institution is an equal opportunity employer.***

October 2024