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| Week 1 Monday 28 Tuesday 29 Wednesday 30 Thursday 31 Friday 1 |
| Breakfast | Eggs, Whole Wheat Toast, Cantaloupe  | Waffles with Syrup, Blueberries | Chex Cereal, Bananas | Cinnamon Toast, Pears | Muffins, Cantaloupe  |
| Lunch | Turkey & Cheese Hoagie, Cucumber & Tomato Salad, Fruit Cocktail | Beefaroni, Salad with Ranch, Pears  | Whole Wheat Cheese Quesadilla, Black Beans, Corn, Tropical Fruit | Chicken Nuggets, Green Beans, Yellow Rice, Peaches | Hamburger on Whole Wheat Bun, Veggie Baked Beans, Applesauce |
| *Vegetarian* | *Tofurky & Cheese Hoagie* | *Meatless Roni* | *N/A* | *Meatless Nuggets* | *Veggie Burger on Whole Wheat Bun* |
| Snack | Wheat Thins, Juice | Trail Mix, Juice | Pretzels, Juice | Tortilla Chips, Salsa | Apples & Cheddar Cheese Cubes |
| Tod Late Snack | Goldfish Crackers, Juice | Cereal Bars, Water | Fresh Seasonal Fruit, Milk | Yogurt, Water | Veggie Straws |
| Week 2 Monday 4 (closed) Tuesday 5 Wednesday 6 Thursday 7 Friday 8 |
| Breakfast | Bagels with Cream Cheese & Strawberries | French Toast Sticks, Fruit Cocktail | Life Cereal, Bananas | Sausage Biscuits, Mandarin Oranges | Muffins, Blueberries, Bacon |
| Lunch | Cheesy Whole Wheat Pasta with Alfredo Sauce, Peas, Fruit Cocktail | Chicken Patties on a Whole Wheat Bun, Sweet Potatoes, Pineapple | Whole Wheat Spaghetti with Meat Sauce, Salad with Ranch, Peaches | Fish Sandwich, Creamed Potatoes, Peaches  |  Chicken Corn Dogs, Peas & Carrots, Fruit Cocktail |
| *Vegetarian* | *Cheesy Pasta* | *Meatless Chik'n Patties On Bun* | *Spaghetti with Marinara Sauce* | *Meatless Boneless Patty* | *Veggie Corn Dogs* |
| Snack | Ritz Crackers & String Cheese | Chex Mix, Juice | Juice, Rice Crisp | Cheez-Its, Juice | Goldfish Crackers, Fruit Yogurt |
| Tod Late Snack | Goldfish Crackers, Juice | Yogurt & Water | Veggie Straws, Juice | Applesauce, Water | Bananas |
| Week 3 Monday 11 Tuesday 12 Wednesday 13 Thursday 14 Friday 15 |
| Breakfast | Oatmeal, Peaches | Pancakes with Syrup, Blueberries | Kix Cereal, Bananas  | Bagels with Cream Cheese & Applesauce | Grits, Turkey Sausage Links, Grapes |
| Lunch | Turkey and Cheese Sub on a Whole Wheat Bun, Kale Salad, Cantaloupe  | Fish Sticks, Macaroni & Cheese, Green Peas, Fruit Cocktail | Chicken & Rice, Green Beans, Pineapple  | Chicken Quesadilla on Whole Wheat Tortilla with Lettuce & Cheese, Black Beans, Corn, Tropical Fruit | Chicken Hot Dog on a Whole Wheat Bun, Baked Beans, Pears |
| *Vegetarian* | *N/A* | *Meatless Boneless Wings* | *Tofu & Rice* | *Veggie Burger on Whole Wheat Bun* | *Veggie Hot Dog on a Bun* |
| Snack | Trail Mix, Juice | Turkey & Cheese Slices, Whole Wheat Crackers | Apples & String Cheese | Cheese-Its, Juice | Wheat Thins & Grapes |
| Tod Late Snack | Ritz Crackers, Juice | Cereal Bar, Juice | Veggie Straws & Juice | Applesauce, Water | Fresh Seasonal Fruit, Milk |
| Week 4 Monday 18 Tuesday 19 Wednesday 20 Thursday 21 Friday 22 |
| Breakfast | Raisin Toast, Cream Cheese, Mandarin Oranges | French Toast Sticks, Pears | Cheerios Cereal, Bananas | Oatmeal with Brown Sugar, Apple Slices | Muffins, Mandarin Oranges, Bacon Strips |
| Lunch | Sloppy Joe on Whole Wheat Bun, Waffle Fries, Peaches | Grilled Chicken with Korean BBQ Sauce, Brown Rice, Stir Fry Vegetables, Pineapple | Chicken Alfredo with Whole Wheat Ziti, Salad with Ranch, Applesauce | Meatballs with Gravy, Mashed Potatoes, Peas, Pineapple | Whole Wheat Cheese Pizza, Mixed Vegetables, Peaches |
| *Vegetarian* | *Chikk’n Patty* | *Yogurt Cup* | *Humus on Pita* | *Veggie Baked Beans* | *N/A* |
| Snack | Pita Chips/Bread, Juice | Chex Mix, Juice | Cheese Squares, Crackers, Juice | Yogurt, Rice Cakes | Graham Crackers, Bananas |
| Tod Late Snack | Fresh Seasonal Fruit, Milk | Fresh Seasonal Fruit, Milk | Yogurt, Water | Goldfish Crackers, Juice | Cereal, Bananas |
| Week 5 Monday 25 Tuesday 26 Wednesday 27 Thursday 28 Friday 29 |
| Breakfast | Eggs, Whole Wheat Toast, Cantaloupe  | Waffles with Syrup, Blueberries | Chex Cereal, Bananas | Cinnamon Toast, Pears | Muffins, Cantaloupe  |
| Lunch | Turkey & Cheese Hoagie, Cucumber & Tomato Salad, Fruit Cocktail | Beefaroni, Salad with Ranch, Pears  | Whole Wheat Cheese Quesadilla, Black Beans, Corn, Tropical Fruit | Chicken Nuggets, Green Beans, Yellow Rice, Peaches | Hamburger on Whole Wheat Bun, Veggie Baked Beans, Applesauce |
| *Vegetarian* | *Tofurky & Cheese Hoagie* | *Meatless Roni* | *N/A* | *Meatless Nuggets* | *Veggie Burger on Whole Wheat Bun* |
| Snack | Wheat Thins, Juice | Trail Mix, Juice | Pretzels, Juice | Tortilla Chips, Salsa | Apples & Cheddar Cheese Cubes |
| Tod Late Snack | Goldfish Crackers, Juice | Cereal Bars, Water | Fresh Seasonal Fruit, Milk | Yogurt, Water | Veggie Straws |

*Note: Milk is served with all Breakfast & Lunch. We use 8th Continent or Silk Soy Milk as a milk substitution. Water and occasionally 100% Juice is served with. all snacks.* ***This institution is an equal opportunity employer.***