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| Week 1 Monday 3 Tuesday 4 Wednesday 5 Thursday 6 Friday 7 |
| Breakfast | Bagels with Cream Cheese & Strawberries | French Toast Sticks, Fruit Cocktail | Life Cereal, Bananas | Sausage Biscuits, Mandarin Oranges | Muffins, Blueberries, Bacon |
| Lunch | Chicken Noodle Soup, Whole Wheat Hot Turkey & Swiss Sandwich, Corn, Cinnamon Apples | Fish Sticks, Macaroni & Cheese, Green Peas, Fruit Cocktail | Whole Wheat Spaghetti with Meat Sauce, Salad with Ranch, Peaches | Chicken & Whole Wheat Waffles, Green Beans, Pears |  Chicken Corn Dogs, Peas & Carrots, Fruit Cocktail |
| *Vegetarian* | *Noodle Soup* | *N/A* | *Spaghetti with Marinara Sauce* | *Meatless Boneless Patty* | *Veggie Corn Dogs* |
| Snack | Ritz Crackers & String Cheese | Chex Mix, Juice | Cheddar & Mozzarella Sticks, Rice Crisp | Grapes, Club Crackers | Goldfish Crackers, Fruit Yogurt |
| Tod Late Snack | Goldfish Crackers, Juice | Yogurt & Water | Veggie Straws, Juice | Applesauce, Water | Bananas |
| Week 2 Monday 10 Tuesday 11 Wednesday 12 Thursday 13 Friday 14 |
| Breakfast | Oatmeal, Peaches | Pancakes with Syrup, Blueberries | Kix Cereal, Bananas  | Bagels with Cream Cheese & Applesauce | Grits, Turkey Sausage Links, Grapes |
| Lunch | Vegetable Soup, Whole Wheat Chicken, Bologna Sandwich, Mango Chunks  | Chicken Patties on a Whole Wheat Bun, Sweet Potatoes, Pineapple | Chicken & Rice, Green Beans, Pineapple  | Fish Tacos on Whole Wheat Tortilla With Lettuce & Cheese, Black Beans, Corn, Tropical Fruit | Chicken Hot Dog on a Whole Wheat Bun, Baked Beans, Pears |
| *Vegetarian* | *Cheese Sandwich* | *Meatless Boneless Wings* | *Tofu & Rice* | *Black Bean & Cheese Taco* | *Veggie Hot Dog on a Bun* |
| Snack | Trail Mix, Juice | Turkey & Cheese Slices, Whole Wheat Crackers | Apples & String Cheese | Cheese-its, Juice | Banana Bread & Grapes |
| Tod Late Snack | Ritz Crackers, Juice | Cereal Bar, Juice | Veggie Straws & Juice | Applesauce, Water | Fresh Seasonal Fruit, Milk |
| Week 3 Monday 17 Tuesday 18 Wednesday 19 Thursday 20 Friday 21 |
| Breakfast | Eggs, Whole Wheat Toast, Cantaloupe | French Toast Sticks, Pears | Cheerios Cereal, Bananas | Oatmeal with Brown Sugar, Apple Slices | Muffins, Mandarin Oranges, Bacon Strips |
| Lunch | Cheesy Potato Soup With Turkey Bacon. Tossed Italian Salad, Applesauce | Grilled Chicken with Korean BBQ Sauce, Brown Rice, Stir Fry Vegetables, Pineapple | Chicken Alfredo with Whole Wheat Ziti, Salad with Ranch, Fruit Cocktail | Salisbury Steak with Gravy, Mashed Potatoes, Peas, Pineapple | Whole Wheat Cheese Pizza, Mixed Vegetables, Peaches |
| *Vegetarian* | *N/A* | *Yogurt Cup* | *Humus on Pita* | *Veggie Baked Beans* | *N/A* |
| Snack | Pita Chips/Bread, Juice | Chex Mix, Juice | Cheese Squares, Crackers, Juice | Cucumbers with Ranch, Juice | Graham Crackers, Bananas |
| Tod Late Snack | Fresh Seasonal Fruit, Milk | Fresh Seasonal Fruit, Milk | Yogurt, Water | Goldfish Crackers, Juice | Cereal , Bananas |
| Week 4 Monday 24 Tuesday 25 Wednesday 26 Thursday 27 Friday 28 |
| Breakfast | Raisin Toast, Cream Cheese, Mandarin Oranges  | Waffles with Syrup, Blueberries | Chex Cereal, Bananas | Cinnamon Toast, Pears | Muffins, Cantaloupe  |
| Lunch | Tomato Soup, Whole Wheat Cheese Dunkers, Peas, Strawberries | Cheese Ziti with Marinara Sauce, Steamed Broccoli, Pineapple | Whole Wheat Cheese Quesadilla, Black Beans, Corn, Tropical Fruit | Chicken Legs, Green Beans, Yellow Rice, Peaches | Hamburger Whole Wheat Bun, Tater Tots, Applesauce |
| *Vegetarian* | *N/A* | *N/A* | *N/A* | *Meatless Nuggets* | *Veggie Burger on Whole Wheat Bun* |
| Snack | Fruit Parfait, Water | Trail Mix, Juice | Pretzels, Fruit Yogurt | Tortilla Chips, Juice | Apples & Cheddar Cheese Cubes |
| Tod Late Snack | Goldfish Crackers, Juice | Cereal Bars, Water | Fresh Seasonal Fruit, Milk | Yogurt, Water | Veggie Straws |
| Week 5 Monday 31 Tuesday 1 Wednesday 2 Thursday 3 Friday 4 |
| Breakfast | Bagels with Cream Cheese & Strawberries | French Toast Sticks, Fruit Cocktail | Life Cereal, Bananas | Sausage Biscuits, Mandarin Oranges | Muffins, Blueberries, Bacon |
| Lunch | Chicken Noodle Soup, Whole Wheat Hot Turkey & Swiss Sandwich, Corn, Cinnamon Apples | Chicken Patties on a Whole Wheat Bun, Sweet Potatoes, Pineapple | Whole Wheat Spaghetti with Meat Sauce, Salad with Ranch, Peaches | Chicken & Whole Wheat Waffles, Green Beans, Pears |  Chicken Corn Dogs, Peas & Carrots, Fruit Cocktail |
| *Vegetarian* | *Noodle Soup* | *Meatless Chik'n Patties On Bun* | *Spaghetti with Marinara Sauce* | *Meatless Boneless Patty* | *Veggie Corn Dogs* |
| Snack | Ritz Crackers & String Cheese | Chex Mix, Juice | Cheddar & Mozzarella Sticks, Rice Crisp | Grapes, Club Crackers | Goldfish Crackers, Fruit Yogurt |
| Tod Late Snack | Goldfish Crackers, Juice | Yogurt & Water | Veggie Straws, Juice | Applesauce, Water | Bananas |

*Note: Milk is served with all Breakfast & Lunch. We use 8th Continent or Silk Soy Milk as a milk substitution. Water and occasionally 100% Juice is served with all snacks.* ***This institution is an equal opportunity employer.***